

## KINDY TUCKSHOP MENU 2017

### FRESH TUCKSHOP MADE SNACKS

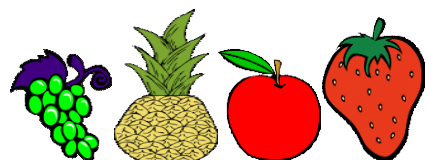
Cookie	\$1.00
Muffin	\$2.00
Pikelets Jam or Honey (2)	\$1.00

### SNACKS

Piece of seasonal fruit	\$1.00
Sao (2)	\$1.00
vegemite, jam or honey	
cheese & vegemite	
cheese & tomato	
Air popped popcorn bag	.70c
Frozen yoghurt	\$2.50
Cheese, carrot, crackers & mini muffin	\$3.00
Mini muffin, popcorn & fruit	\$3.00

### DRINKS

600ml water	\$1.00
250ml Moolish Milk Choc,	\$2.00
Strawberry or Banana	
250ml Popper Tropical, Apple, Orange	\$1.40



### WRAPS, SANDWICHES OR BOWL \$5.00 EACH

GLUTEN FREE BREAD ADD \$1.00 extra to order

**Salad:** Lettuce, carrot, cucumber, tomato & cheese

**Chicken Caesar:** Fresh chicken breast, bacon, egg, parmesan cheese & lettuce

**Plain Chicken & Salad:** Chicken breast, lettuce, carrot, cucumber, tomato, tasty cheese

**Ham & Salad:** Ham, lettuce, carrot, cucumber, tomato, tasty cheese

**Egg & Salad:** Boiled Egg, lettuce, carrot, cucumber, tomato & Tasty cheese

**Crumbed fish:** lettuce & Mayonnaise on wrap, Hot dog Bun or as a salad

### FAVOURTIES (fresh or toasted) (bread or wrap)

Vegemite	\$1.50
Cheese	\$1.50
Vegemite & Cheese	\$2.00
Ham	\$2.50
Ham & Cheese	\$3.00
Ham cheese & Tomato	\$3.50
Chicken & Cheese	\$3.50
Egg & Lettuce	\$2.50

Would you like to volunteer in our School Tuckshop? We are always looking for helpers to assist in preparing our children & teachers with fresh healthy lunches & snacks. We offer a home bake roster as well so if you can't make it into the Tuckshop you may be interested in home bake.

Volunteering is a great way to meet other families from our school & make new friends as well as be an important part of our school. Pop in for a coffee & chat anytime you're always WELCOME!

I look forward to meeting you all soon. Happy Tuckshopping!

Sonya Raisbeck your Tuckshop Convenor 0409848092

### FRESH TUCKSHOP MADE HOT FOOD

Pizzas: (made on ½ English muffin)	\$2.00
Ham, Pineapple Cheese	
Ham & Cheese	
Chicken, cheese & BBQ	
Bacon & Egg quiche	\$2.50
BBQ meat lover pizza pocket	\$5.00

## Tuckshop is open 8.30 am to 1.30pm

### Monday, Wednesday, Friday

PLEASE WRITE YOUR CHILDS ORDER ON A BROWN PAPER BAG WITH YOUR CHILDS NAME AND KINDY WRITTEN ON IT

We use the brown paper bag system: eg

**Name: Sonya Raisbeck**

**Class: KINDY**

**1 x egg & salad wrap \$5.00**

**1 x 600 ml water \$1.00**

**\$6.00**



## Tuckshop Menu - Term 1 2017

### FRESH TUCKSHOP MADE SNACKS

Cookies	\$1.00
Muffins	\$2.00
Pikelets Jam or Honey (2)	\$1.00
Chocolate Mousse cup (GF)	\$2.50

### SNACKS

Piece of fruit	\$1.00
Sao (2)	\$1.00
*vegemite, jam or honey	
*cheese & vegemite or cheese tomato	

Air popped popcorn bag	.70c
Frozen Yoghurt Strawberry or mango	\$2.50
Red Rock deli Chips	\$1.40
Honey Soy or (Sea salt GF)	

### SNACK PACKS \$3.00 each

Cheese ,carrot, crackers & mini muffin
Mini muffin, Popcorn, fruit pieces

### DRINKS

600ml water	\$1.00
250ml Choc or strawberry milk	\$2.00
375ml Orchy Juice Orange or Orange & Mango	\$2.50
250ml Apple, Orange popper	\$1.40



### WRAPS, SANDWICHES OR BOWL \$5.00 EACH

GLUTEN FREE BREAD ADD \$1.00 extra to order please

**Salad:** Lettuce, carrot, cucumber, tomato & cheese

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**Plain Chicken & Salad:** Chicken breast, lettuce, carrot, cucumber, tomato, tasty cheese

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### FAVOURTIES (fresh or toasted) (bread or wrap)

Vegemite	\$1.50
Cheese	\$1.50
Vegemite & Cheese	\$2.00
Ham	\$2.50
Ham & Cheese	\$3.00
Ham cheese & Tomato	\$3.50
Chicken & Cheese	\$3.50
Egg & Lettuce	\$2.50

### ICE BLOCKS

Lemonade Icy Twist	\$1.20
Zing Creamy (Fruit juice & yoghurt)	\$1.00
Mini Calippo	\$1.00

### FRESH TUCKSHOP MADE HOT FOOD

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Ham, Pineapple Cheese	
Ham & Cheese	
Chicken & cheese & BBQ	
BBQ meat lover pizza pocket	\$5.00
Bacon & Egg Quiche	\$2.50
Macaroni & Cheese	\$3.00
Honey Soy Chicken & Steamed Rice	\$5.00

### OTHER HOT FOOD

Hot Dog & Sauce	\$3.00
Hot Dog Cheese & Sauce	\$3.50
Party Pie	each \$1.00
Travellers Pie	\$3.00
Sausage Roll (snack size)	\$2.50
Chicken Nuggets (baked)	each .60
Sauce Sachet: BBQ, tomato or Tartare	.40

**Tuckshop is open 8.30 am to 1.30pm**

**Monday, Wednesday, Friday**

**1<sup>st</sup> break 10.40am for pre orders & over the counter**

**sales: snacks, ice blocks drinks, etc.**

**2<sup>nd</sup> break 1.15pm for pre orders & over the counter**

**snacks**

**1 bag per break please**

*Pre orders are all wraps, salads, sandwiches & hot foods*

We use the brown paper bag system eg

**Name: Sonya Raisbeck**

**Class: Yr 2**

1 x egg & salad wrap	\$5.00
1 x 600 ml water	\$1.00
1 x zing sour	\$1.00

**Total \$7.00**

**Children to bring back bag to be given ice block**

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Term specials & notices advertised on Facebook & in the School newsletter